

Suggested Reading List:

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Donnelly J: *The Living Anatomy*. Champaign, IL: Human Kinetics, 1990.

Dowd I: *Taking Root To Fly*. New York, NY: B & H SOHO, Inc. 1995.

Fitt SS: *Dance Kinesiology*. New York, NY: Schirmer Books, 1996.

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Olsen A: *Body Stories: A Guide To Experiential Anatomy*. Barrytown, NY: Station Hill Press, 1991.